



**RESIDENTIAL TRAINING COURSES
LIVE TRAIN & PLAY THE UNITED WAY!**

All courses include the following and run from for 6 days from Sunday to Friday:

- **Child welfare care.** MUSS understands the needs of young people travelling away from home. In liaison with our Child Protection Officer we have a dedicated team to care for the children on and off the field.
- **Coaching programme** delivered by MUSS trained, UEFA qualified coaches using the MUSS Development Model.
- **Football seminars** including Football Food, Football Fitness, What Makes Great Players, Tactics and Strategies and Opportunities in Football.
- **Use of all on-site facilities** including swimming, tennis and basketball.
- **Use of MUSS coaching equipment.** MUSS use state-of-the-art equipment to make coaching sessions fun as well as educational.
- **Closing presentation** inside the famous Old Trafford stadium each Friday.
- **Tour of Old Trafford** including interactive Manchester United museum and Megastore.
- **Full board accommodation.**
- Exclusive Manchester United Soccer Schools **Nike training kit.**
- Manchester United Soccer Schools **Player Book** including personal player profile and development plan.
- **MUSS giveaway package.**
- **World Skills Final.** Each player will participate in our Skills Challenges and compete to win through to play on the Old Trafford pitch.

COURSE TYPES

We have designed courses to meet the developmental needs of young players across the following age groups.

Junior:	8-11 year olds
Senior:	12-16 year olds
Youth:	17-18 year olds
Girls:	8-18 year olds
Goalkeepers:	8-16 year olds

Players must be the relevant age for the duration of the course.

DATES

4-9 July	YOUTH / SENIOR	MYERSCOUGH COLLEGE
11 - 16 July	YOUTH / SENIOR / JUNIOR	DENSTONE COLLEGE
18 - 23 July	SENIOR / JUNIOR	DENSTONE COLLEGE
25 - 30 July	SENIOR / JUNIOR	DENSTONE COLLEGE
1 - 6 Aug	SENIOR / GIRLS	DENSTONE COLLEGE
8 - 13 Aug	SENIOR / JUNIOR	DENSTONE COLLEGE
15 - 20 Aug	SENIOR / GK	DENSTONE COLLEGE
22 - 27 Aug	YOUTH / SENIOR / JUNIOR	DENSTONE COLLEGE

COURSE PRICE

£549.95 per player per week

Airport Transfer £79.95 one way per person (Manchester Airport only)

Weekend stay for those staying for 2 weeks £199.95 per weekend. This includes transport to and from Alton Towers and entry to the amusement park on the Saturday.



COURSE INFORMATION

YOUTH PLAYER TRAINING COURSE (17-18 year olds)

This advanced, intensive course gives older players a valuable insight into the opportunities that arise by staying in the game. As well as experiencing how Manchester United prepare their youth players for that next step, our staff will be on hand to help the players create a vision of how they can progress in the game and the opportunities in football such as coaching, sports science and nutrition.

SENIOR PLAYER TRAINING COURSE (12-16 year olds)

Another intensive course designed to take the players to that next level by using their technique but also developing their understanding of team shape, defensive responsibilities and attacking principles using the Manchester United philosophy. Players will also be encouraged to start developing a mature approach to their physical and mental preparation for training and matches.

JUNIOR PLAYER TRAINING COURSE (8-11 year olds)

This focuses on teaching the fundamental techniques of the game and showing players how to master these skills. Tailor-made for junior players with a fun and friendly atmosphere, football mad kids live and breathe the game for a week. Players will learn how to practice like their heroes and can truly feel they are living the dream as a young United player.

GIRLS TRAINING COURSE (8-18 year olds)

Our 'Girls Only' training week is for those aged 8 – 18 years old. Girls from all over the world can enjoy taking their soccer development to a new level. This course is growing in numbers and has its own buzz that only girls can produce! The dedication to learning is evident each year with all girls striving to reach their peak performance.

GOALKEEPER TRAINING COURSES

Behind every great United team there has always been a great goalkeeper; from Alex Stepney who played in the European Cup winning team in 1968, Gary Bailey twice FA Cup winner in the 1980s, Peter Schmeichel part of the famous treble winners in the 90s, right through to Edwin van der Sar today. United have always placed an emphasis on finding the right man for the number one. The course focuses on the technical, tactical, physical, mental and social elements of the game, developing players as individuals within 1v1 situations, as well as gaining an understanding of working as a team both in defensive and attacking situations. The course focuses on positional sense, communication, handling, footwork, distribution, crosses, organisational skills, kicking, agility and flexibility.



PARENT/GUARDIANS INFORMATION

Child Welfare

We consider the welfare of each and every child on our courses as vitally important and we need your assistance to ensure the safety and security of your child throughout their stay with us.

Please ensure you provide us with all the relevant medical, emergency contact and travel information for you child at least 1 month prior to arrival.

We will have a dedicated Child Welfare team on site 24 hours a day to cater for the needs of all children.

Arrival Registration

Unless you are being picked up by MUSS at Manchester Airport all children under 16 years of age must be accompanied by a named adult at registration each Sunday.

Departure

For the safety and security of its participants MUSS will only release participants under 16 years of age to named adults on departure. If you arrange an Airport Transfer with us then you do not need to do this.

UNDER NO CIRCUMSTANCES WILL MUSS ALLOW CHILDREN UNDER 16 TO LEAVE THE COURSE WITHOUT A NAMED ADULT, SO PLEASE ARRIVE PROMPTLY AT COLLECTION TIME.

These regulations are designed for the safety and welfare of children in our care. Should children not be collected in accordance with our requirements, the area Social Services Authority will be contacted.

International Participants

Players aged 8-18 who need a visa to access the UK need to produce their course confirmation email details to their Local British Embassy and apply for a CHILD VISITOR CATEGORY VISA. It is your responsibility to ensure that you have given yourself enough time for the visa application process.

Accommodation

Accommodation will be in dormitories of varying sizes, with toilets and showers being shared. Bed linen will be provided. **The rooms will be allocated on arrival. Should you wish to share with a friend or relative please inform us on arrival.** Please note that we cannot guarantee all requests of this nature, and these requests should not be made in advance of your course.

Meals

Three cooked meals are provided each day with a choice of menu always being available. Please complete the relevant section on the application form if you have any special dietary requirements.



Pocket Money

A small amount of pocket money is all that is required for purchases from the Old Trafford Megastore. We recommend that all residents deposit their money and any valuables in the Soccer Schools bank for security. The bank is open throughout the week to withdraw funds.

What to Bring

You will receive a set of Manchester United Soccer Schools training kit but you will also need to bring enough football kit to last the whole week. Kit should include t-shirts, shorts, socks, tracksuit and trainers. **SHINPADS** must be worn at all times during training. The coaching will take place on grass pitches and as such football boots and astro trainers can be used. Other activities may include swimming and tennis so bring the relevant kit with you. Casual clothes are required for the evenings, as well as towels and toiletries. Only very limited laundry facilities are available so please bring enough clothing for your stay. **Please ensure that all kit including shin pads, boots and trainers are named.** Many children will possess the same replica shirts and similar boots so this will help us if they get lost.

Mobile Phones

All mobile phones MUST be given in to us at registration. Since many of our visitors will be staying in dormitories, phones are quite disruptive to the child's room mates. This is also to prevent them getting lost, broken or being misused. Children will be able to use their mobile phone between **5.30pm – 6.30pm only** each day. The phones will then be collected back once they have been used.

An emergency phone number will be available for use by parents/guardians and will be given on registration.

Other Activities

Our training locations offer a fantastic range of sports facilities which we will be utilising during your stay. A full range of activities will be available throughout the week. All these onsite activities are free of charge.

Insurance

We recommend that all participants obtain travel insurance for personal items, and also to cover you if you are unable to attend due to illness or injury. This should also cover you should your stay be cut short due to illness or injury, as refunds will not be issued in any of these circumstances.

Parent/Visitor Access

The safety and well being of all children on our courses is of paramount importance to us. We therefore restrict visitor access to Wednesday morning from 10.00am – 11.30am. This allows the children to settle into the residential lifestyle and maintain their safety and security.

Photographs

Manchester United Soccer Schools is dedicated to the welfare and safety of its young players. As such, photography is not permitted on our courses. Course pictures will be available at www.manutdsoccerschools.com.



Weekend Stays

Our residential courses run from Sunday to Friday, however, we realise that some participants wish to attend for two consecutive weeks and are unable to return home for the weekend period. For those participants only we offer a weekend stay at a cost of £199.95 per person which includes full board accommodation (two nights) and the use of the facilities on site. Organised activities will continue over the weekend. Each Saturday a trip to Alton Towers is also included in the price of a weekend stay (see www.altontowers.com).

To book a Weekend Stay you should choose this option when you place your booking at www.manunitedsoccerschools.com.

Airport Transfers

Arrival transfers from Manchester Airport. (Cost £79.95)

- Sundays only 4th, 11th, 18th, 25th July and 1st, 8th, 15th, 22nd August for flights arriving between 7am – 3pm only.
- MUSS transfers can only be booked during these times.
- All MUSS Staff will be wearing identification
- For flights arriving outside these times, parents/guardians need to make alternative arrangements for their child's supervision and transportation.

Departure transfers to Manchester Airport (Cost £79.95)

- Fridays only 9th, 16th, 23rd, 30th July and 6th, 13th, 20th, 27th August for flights departing between 11am – 9pm.
- For flights departing outside these times, parents/guardians need to make alternative arrangements.
- For flight departures MUSS staff will escort the child through to Passport Control.
- Parents/guardians need to take responsibility for arranging separate supervision in the event of delays/cancellations.
- Please note the Closing Presentation is at 3pm each Friday at Old Trafford, Manchester.

To book an Airport Transfer you should choose this option at when you place your booking at www.manunitedsoccerschools.com.

Important Note

All courses, activities, venues and travel arrangements are subject to change according to weather, programming requirements and a satisfactory level of numbers. We reserve the right to change any information given in this document should this be necessary for any reason. Please note that the booking terms and conditions continue to apply. If there is any conflict between those terms and conditions and the contents of this document, the terms and conditions shall prevail.